# **RESEARCH ARTICLE**

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# Injury rate and risk factors among smallscale gold miners in Ghana



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## **Abstract**

**Background:** To determine the potential risk factors for injury, estimate the annual injury rate and examine the safety perceptions, and use of personal protective equipment among small-scale gold miners in Ghana.

**Methods:** A cross-sectional survey was carried out with 494 small-scale gold miners from four major mining districts in Ghana. A household-based approach was used to obtain a representative sample of miners. The study was conducted from June 2015 to August 2016. A systematic sampling technique was used to select households and recruit respondents to interview. Miners were asked about any mining related injury that they had sustained in the past year. A logistics regression model was employed to examine the association between risk factors and injury. Data were analyzed with STATA version 14.0.

**Results:** The annual incidence rate of mining-related injury was 289 per 1000 workers. Injuries were mainly caused by machinery/tools 66(46.1%), followed by slip/falls 46(32.2%). The major risk factor for injury was underground work (adjusted odds ratio for injury 3.19; 95% CI = 1.42–7.20) compared with surface work. Higher education levels were protective, with adjusted odds ratios of 0.48 (95% CI = 0.24–0.99) for middle school education and 0.38 (95% CI 0.17–0.83) for secondary school compared with no schooling. Only 15(3.0%) of miners reported to have had safety training in the past year and 105(21.3%) indicated that there were safety regulations at their work place. A moderate number of workers reported using work boots 178(36.0%) and hand gloves 134(27.1%), but less than 10% of workers used other personal protective equipment.

**Conclusion:** The annual injury incidence rate among small-scale gold miners is high. Potential targets for improving safety include increasing safety training, increasing use of personal protective equipment, and better understanding potential changes that can be made in the machinery and tools used in small-scale mining, which were associated with almost half of all injuries.

Keywords: Small-scale, Mining, Gold, Safety, Personal protective equipment, injury

#### **Background**

Over the past decade, small-scale mining has undergone massive proliferation in most low- and middle-income countries (LMICs) due to high demand for precious metals and the marketability of gold [1, 2]. Employing over 100 million workers both directly and indirectly, the small-scale mining sector contributes significantly to the development of global economies

[3]. Despite the economic contributions of small-scale mining, its operations are seen to cause considerable damage to the environment and to contribute substantially to occupational injuries [4]. It is estimated that in this sector, across over 30 countries, about 13 million of the workers carry out most of their activities under unfriendly, harsh, and risky conditions, and with low pay [5]. This problem is not peculiar to Ghana as it runs across most countries where gold is found, and the magnitude of the problem is mostly

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experienced in the informal mines or what is locally referred to as "galamsey". Although much small-scale gold mining is illegal in Ghana, its patronage is high, contributing to about a third of all the gold production in the country [6].

Meanwhile, the lack of safety regulations, law enforcement, education, training, functional infrastructure, and equipment are the commonly reported reasons that are believed to have increased injuries among small-scale miners in most LMICs, including Ghana [7]. For instance, a report from the International Labor Organization (ILO) stated that small-scale miners are 6–7 times more likely to experience injuries when compared with large scale miners [8]. While engineering control are the preferred approaches to mitigating safety hazards in the mines, these approaches are often not adopted in the resource-limited settings in which most informal small-scale miners work [8].

Ironically, the less-preferred alternatives to reducing occupational risks, including the use of personal protective equipment (PPE, e.g. hardhats, safety glasses, gloves, work boots), also appears to be uncommon among these miners [9]. This raises questions about why even the least expensive and most common method to safeguarding injuries are rejected in the small-scale mining sector. Separate surveys among small-scale miners in some parts of Ghana, revealed that most of the miners have never used any form of PPE [9]. The level of mechanization in most smallscale mining is very low, activities are carried out with inadequate safety precautions, and the techniques employed by small-scale miners are believed to be obsolete which further exposes the workers to injury and other health hazards [10]. Most equipment used in this venture are manually operated, even though they are known to cause more injuries compared to automated equipment.

Aside from the above few studies, little is known about injury rates or risk factors in small-scale gold mining in Ghana. Therefore, this study was initiated to estimate the injury rate among small-scale ("galamsey") gold miners, to determine the risk factors for injury, and to examine the safety perceptions and PPE use among these workers. By so doing, we hoped to identify priority actions that could be taken to improve safety for workers in this sector.

#### Methods

#### Study design and setting

A cross-sectional survey of small-scale miners was conducted in four mining districts in four different regions of Ghana. The study was conducted over from June 2015 to August 2016. A community-based

approach was used in a representative sample of households in the districts. This was done to avoid the "healthy worker bias". It was assumed that injured workers may stay off work for some time in order to recover before returning to work, therefore interviewing respondents at the household level improves our chances of meeting respondents of interest in comparison to visiting the mining sites [11]. Detailed description of the methodology is reported elsewhere [12].

### Study population and sampling strategy

Small scale informal miners otherwise known as "galamsey" were used in this study. The mining industry in Ghana is usually defined according to quantum of capital investment and number of workers. Mining activities in this category are usually surface mining and small tunnel mining. This type of mining is mostly engaged in by individuals with low or no formal education and the operators of these activities often fail to obtain the requisite documentation and license; thus making it illegal. Nonetheless, small-scale mining accounts for approximately 35% of the gold production in Ghana [6].

The researchers recruited individuals who had more than a year working experience, either currently working or had been laid off their post in the last three months to participate in the study. A total of 494 miners were selected from four districts using a probability sampling technique known as probability proportion to size.

#### Data collection

The study used trained research assistant to collect data from participants using smartphone loaded with the structured questionnaire. The outcome of interest for this study was self-reported injury in the last 12 month which was related to any mining activities prior to the interview date. Persons with this outcome that cause at least a day loss of activity for which medical care was sought or not in the year preceding the study were interviewed. The questionnaire for the study was self-designed and face-to-face intervieweradministered. The questionnaire was structured in English language; however, it was translated into local language (Twi) during the interview in some instances. The interviewers were trained on how to translate the questionnaire into Twi and back to English in order to maintain their meaning. Data collected from the participants included demographic characteristics, nature of the mining work of participant and risk factors. Questions on training availability, safety procedures and rules availability for workers protection were asked. The most recent Nakua et al. BMC Public Health (2019) 19:1368 Page 3 of 8

injury information was recorded from participants, with data on multiple injury episodes not collected.

#### **Ethical consideration**

The study was approved by the Kwame Nkrumah University of Science and Technology (KNUST)/Komfo Anokye Teaching Hospital (KATH) Committee on Human Research, Publications and Ethics (CHRPE) in Ghana. Written informed consent was obtained, after a trained interviewer explained the purpose of the study to the household head and then selected members of the household to interview. Confidentiality of their identity was assured and respondents were free to withdraw from the study or refuse to answer any questions they so deemed. Names or other identifying information were not collected.

### Data management

Data were collected using electronically using smart-phones with the aid of open data kit (ODK) software loaded with the questionnaire template. Collected data was uploaded to a secured google cloud server online. The data was later downloaded in excel format and imported in Stata 14.0 statistical software, cleaned and for analysis. Data completeness and consistency were checked by using a self-written program in Stata.

#### Statistical analysis

Descriptive analysis used frequencies and percentages for categorical variables to summarize data. Relationship of categorical variables was assessed using the Chi Square test and Fisher exact test where expected values were less than 5. The annual injury incidence rate was estimated based on the number of injuries divided by the total number of small-scale workers interviewed. As recall period was one year, the rate derived was an annual rate [13].

Univariate and multivariable logistic regression models were used to predict factors influencing odds of injury at the work place. The multivariable logistic regression model incorporated variables that were independently significant in the univariate analysis ( $p \le 0.05$ ) as well as variables that were considered to be important or potentially confounding. Main exposure variables considered a priori were department of work, years of experience at the mines and tobacco use. The non-significant but important characteristics were controlled in the backward regression model. The fit of the model was assessed using the log maximum likelihood test. Significance level of 0.05 considered with a 95% confidence interval. The statistical analysis of the household survey was conducted using

the STATA version 14.0 (Statacorp, College Station, USA) statistical software package.

#### Results

The 494 small-scale miners who participated in this study were primarily males (95.1%), youthful (42.7% between 18 and 25 years), and single (54.7%). They were literate, with only 9.7% never been to school. About 71.9% had five or less years of mining experience. They were mostly permanent employees (39.9%) and casual labourers (40.5%). A little over half (53.6%) of the mining activities were surface, while open pit mining constituted 38.3%. Univariate analysis, showed that age group and department of work were significantly associated with risk of injury, see Table 1.

There were a total of 143 mining-related injuries reported, for an annual incidence rate of 289 injuries per 1000 workers. Rates did not differ significantly among different categories of work status: employee (314 injuries per 1000 workers); on-contract (286) and casual (270). The number of days lost from work was used as a measure of the severity of the injury sustained [8]. Of the 143 injured workers, 32.9% of them were deemed to have had minor injuries ("no day lost" up to six days of absence from work), 30.0% were moderate (7-29 days of absence) and 37.1% were severe (absence for more than 30 days). The two most common types of injuries were contusion/abrasion (45.5%) and laceration (39.8%), with a smaller proportion (14.7%) being fractures sustained in various body parts.

Injuries reported were as a result of miners' use of machinery or tools (46.1%), followed by slip and falls (32.2%), with less than 2 % resulting from burns. Meanwhile, over 80 % (81.8%) of these injured workers had returned to work as at the time of this survey (see Table 2).

The use of various forms of personal protective equipment (PPE) among mineworkers is summarized in Table 3. The attitude of workers on use of PPE is poor if training and enforcement at the workplace are not emphasized, which is the case among small-scale mine workers. The commonest PPE used were hand gloves (27.1%) and work boots (36.0%). The ear protectors were the least utilized PPE (2.0%).

Table 4 shows the analysis of safety perception against risk of injury. The majority of respondents did not know of any safety regulations at their worksite. However, of those who knew of safety regulations, the majority did observe them. Job satisfaction was low and few workers had ever had safety training. Nonetheless, none of these factors was associated with risk of injury.

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**Table 1** Socio demographic characteristics of study sample

| Characteristics           | Injuries      |                |                     |         |
|---------------------------|---------------|----------------|---------------------|---------|
|                           | No n = 351(%) | Yes n = 143(%) | Total $n = 494$ (%) | P-value |
| Age group                 |               |                |                     | 0.003   |
| 18–25                     | 160 (45.6)    | 51 (35.9)      | 211 (42.7)          |         |
| 26–35                     | 112 (31.9)    | 65 (45.8)      | 177 (35.8)          |         |
| 36–45                     | 62 (17.7)     | 14 (9.9)       | 76 (15.4)           |         |
| ≥ 46                      | 17 (4.8)      | 12 (8.5)       | 29 (5.9)            |         |
| Missing                   |               | 1              | 1                   |         |
| Sex                       |               |                |                     | 0.37    |
| Female                    | 19 (5.4)      | 5 (3.5)        | 24 (4.9)            |         |
| Male                      | 332 (94.6)    | 138 (96.5)     | 470 (95.1)          |         |
| Marital Status            |               |                |                     | 0.46    |
| Single                    | 196 (56.2)    | 74 (52.5)      | 270                 |         |
| Married                   | 153 (43.8)    | 67 (47.5)      | 220                 |         |
| Missing                   | 2             | 2              | 4                   |         |
| Education level           |               |                |                     | 0.07    |
| Non-Educated              | 27 (7.7)      | 21 (14.7)      | 48 (9.7)            |         |
| Primary                   | 65 (18.5)     | 32 (22.4)      | 97 (19.6)           |         |
| JSS/Middle                | 165 (47.0)    | 60 (42.0)      | 225 (45.6)          |         |
| SSS                       | 89 (25.4)     | 27 (18.9)      | 116 (23.5)          |         |
| Tertiary                  | 5 (1.4)       | 3 (2.1)        | 8 (1.6)             |         |
| Mining experience (Years) |               |                |                     | 0.39    |
| 1–5                       | 254 (74.7)    | 101 (72.1)     | 355 (74.0)          |         |
| 6–10                      | 68 (20.0)     | 26 (18.6)      | 94 (19.6)           |         |
| 10–20                     | 14 (4.1)      | 11 (7.9)       | 25 (5.2)            |         |
| 21+                       | 4 (1.2)       | 2 (1.4)        | 6 (1.3)             |         |
| Missing                   | 11            | 3              | 14                  |         |
| Work status               |               |                |                     | 0.61    |
| Employee                  | 135 (39.6)    | 62 (44.3)      | 197 (41.0)          |         |
| On-contract               | 60 (17.6)     | 24 (17.1)      | 84 (17.5)           |         |
| Casual                    | 146 (42.9)    | 54 (38.6)      | 200 (41.6)          |         |
| Missing                   | 10            | 3              | 13                  |         |
| Work Department           |               |                |                     | 0.001   |
| Underground Mine          | 15 (4.4)      | 19 (13.3)      | 34 (7.0)            |         |
| Surface Mine              | 201 (58.3)    | 64 (44.8)      | 265 (54.3)          |         |
| Open Pit                  | 129 (37.4)    | 60 (42.0)      | 189 (38.7)          |         |
| Missing                   | 6             |                | 6                   |         |

The effect of several risk factors has already been detailed. These and other risk factors are summarized in Table 5. In the univariate analysis, age group, education, department of work, and tobacco use are associated with risk of injury. From multivariable analysis, the major risk factor for injury was underground work (adjusted odds ratio 3.19; 95%  $\rm CI = 1.42-7.20$ ) compared with surface work. Higher education levels

were protective, with adjusted odds ratios of 0.48 (95% CI = 0.24–0.99) for middle school education and 0.38 (95% CI 0.17–0.83) for secondary school compared with no schooling.

# Discussion

There is growing attention globally to small-scale mining and the associated occupational health risks Nakua et al. BMC Public Health (2019) 19:1368 Page 5 of 8

faced by its workforce. Anecdotal evidence suggest that small-scale mining poses more occupational hazards than what may be found in more regulated or large scale mining operations [14]. This study sought to estimate the incidence of injuries among small-scale gold miners in Ghana and to assess their risk perception and risk factors associated with injury. The study found a very low level of workplace safety rules, very low levels of safety training, moderate use of boots and gloves but low use of other personal protective equipment, and a high rate of injuries. The major risk factors for injury were below ground work and lower education levels.

Findings in this study indicates machinery/tools (equipment) (46.1%) as the main causes of injuries. Slip/falls and fall from height also contributes to injuries among this category of miners. These were consistent with findings by Chimamise et al. (2013) who also reported that equipment's is the leading cause of injuries in the mines in Zimbabwe. Similarly, an analysis of 5-year mining data revealed an injury rate of 37 to 88% per year of injuries were associated with tools and equipment's [15]. Furthermore, according to Jenning, (2003) small-scale miners who acquire equipment's for mining are poorly maintained as a result causes accidents leading to injuries [16]. The tools or equipment used by small-scale miners are designed with inadequate safety precautions, and mostly manually operated. Therefore, workers who use this manual equipment were more likely to sustain severe injuries than those who use automatic equipment. However, on the contrary a study by Michelo, (2009), indicated that fall of rocks as the commonest cause of fatalities [17].

The dangerous nature of the mining environment makes it very important for workers to be alert and to be compliant with safety standards. Small-scale miners who work underground face the danger of pit collapse and slippery grounds. They do not have the monetary capacity to erect concrete walls or pillars to prevent rocks from falling or pits from collapsing, rather they use logs or bamboo sticks to block falling rocks. In the current study the odds of sustaining injury was 3.19 times higher for underground work compared with surface mining.

Production targets have been found to be associated with increased risk of injury in other studies. In the gold mining industry, there is overemphasis on production targets. The desire to achieve targets set make individuals disregard safety rules [18]. In order for employees to achieve targets, they adopt shortcuts and thus jeopardize safety. Surprisingly, the findings of the current study did not indicate any statistical difference between the injured and non-injured workers with regards to production targets (Tables 2 and 5) or

**Table 2** Percent distribution of type of injury, causes of injury and severity of injury

| and severity of injury          |           |             |
|---------------------------------|-----------|-------------|
| Variables                       | Frequency | Percent (%) |
| Production target               |           |             |
| Yes                             | 178       | 36.0        |
| No                              | 308       | 62.4        |
| Missing                         | 8         | 1.6         |
| Type of Injury                  |           |             |
| Contusion/abrasion              | 65        | 45.5        |
| Fracture                        | 21        | 14.7        |
| Laceration                      | 57        | 39.8        |
| Mechanism of Injury             |           |             |
| Fall from height                | 11        | 7.7         |
| Struck/hit by falling object    | 18        | 12.6        |
| Machinery/tool                  | 66        | 46.1        |
| Slip/Falls                      | 46        | 32.2        |
| Burns                           | 2         | 1.4         |
| Body part injured               |           |             |
| Head                            | 20        | 14.0        |
| Neck                            | 5         | 3.5         |
| Back                            | 8         | 5.5         |
| Chest                           | 5         | 3.5         |
| Legs                            | 59        | 41.3        |
| Arms                            | 35        | 24.5        |
| Others                          | 11        | 7.7         |
| Medical Attention               |           |             |
| No medical care                 | 41        | 28.7        |
| Hospitalized                    | 56        | 39.2        |
| Treated and discharge same day  | 46        | 32.1        |
| Severity of Injury <sup>b</sup> |           |             |
| Minor                           | 47        | 32.9        |
| Moderate                        | 43        | 30.0        |
| Severe                          | 53        | 37.1        |
| Returned to Work                |           |             |
| Yes                             | 117       | 81.8        |
| No                              | 26        | 18.2        |

awareness of rules and regulation operating within their company guiding the safety of individuals during work (Table 4).

Safety perceptions of miners aid in the observation of safety regulations. There was no significant difference in terms of compliance of safety regulations during work, job satisfaction and seminar or workshop attendance with injury risk in the current study. However, Paul and Maiti, (2007) revealed that among underground coal miners in India, job dissatisfaction has a strong influence on occupational injury. Individuals who are dissatisfied

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Table 3 Personal protective equipment use among miners

| Type of personal protective equipment                      | Frequency | Percent (%) |
|--|-----------|-------------|
| Thermal protective coat (flame retardant coat)             | 7         | 1.4         |
| Thermal protective pants (flame retardant coat)            | 4         | 0.8         |
| Hand gloves  | 134       | 27.1        |
| Helmet   | 26        | 5.3         |
| Hood   | 7         | 1.4         |
| Eye protection (safety glasses)                            | 21        | 4.3         |
| Eye protection (face shield)                               | 11        | 2.2         |
| Work boots (steel toe, heat resistant, chemical resistant) | 178       | 36.0        |
| Reflective vest  | 6         | 1.2         |
| Ear protectors (ear muff and ear plug)                     | 10        | 2.0         |

are unable to concentrate on their tasks and as a result, they are unable to observe proper safety practices [19].

The low of workshop or lectures/seminars on mining safety attendance is a worrying situation for the sector (Table 4). New employees usually need some training to master the safety procedures and identify eminent dangers. In South Africa, small-scale miners receive technical skills as well as institutional support to be able to work safely in the mines [20]. Learning on the job, especially in gold mining environment, is very dangerous.

The level of mechanization in small-scale mining is very low and the equipment used lacks adequate safety features. The techniques employed by small-scale miners are also obsolete and expose workers to injury and health hazards [10]. The equipment used by small-scale miners is primarily manually operated. According to a previous study by Chimamise et al., (2010) manually operated equipment causes more injuries than automated equipment. Future directions for research on safety promotion for small scale mining might address increasing the use of the safer automated equipment or potential modifications to manually operated equipment to make it safer, the

latter of which has scarcely been addressed in the literature.

The risk from the manual equipment is compounded by lack of PPE use. The low reported PPE use in our study is consistent with findings of other studies of small-scale miners in Ghana and Sub-Sahara Africa. Moreover, the injuries to the legs/feet and head could have been prevented or minimized by higher use of helmets and steel-toed boots. Workers who are engaged in mining ideally should have at least basic education, as well as short exposure to safety training. A miniscule proportion (3.0%) of miners in the current study had any safety training in the past year.

In the multivariable analysis, after adjusting for the effect of other covariates, working underground had an increased risk of injury while education level was a protective factor for injuries. This is consistent with other occupational researchers that have established high risk of injuries among mineworkers with no formal education. Often those engaged in small-scale mining are not well educated which makes them less prepared to understand safety procedures and thus more likely to commit human errors [21].

The finding of increased risk of injury with tobacco use seems incongruous. This may be because marijuana is often mixed with tobacco locally. Hence, this variable may reflect the effect of substance-abuse more broadly, rather than tobacco use alone.

Our study has a number of limitations. First, the rate of injury is likely under-estimated due to the cross-sectional and retrospective nature of the study leading to recall bias, which would tend to selectively capture the more severe injuries. Second, although we did use a household survey to overcome the healthy-worker bias, some of the more severely injured miners might have left the mining areas to go back to their families for support and care, leading to further under-counting, thus incompletely addressing the healthy worker bias. Third, the enrollment criteria included those currently working and those who had been laid off in the past 3 months.

**Table 4** Safety perceptions of injured against non-injured persons

| Characteristics   |                | Non-injured | Injured     | P-value |
|---|----------------|-------------|-------------|---------|
| Rules guiding the safety of individuals at work               | No             | 284 (80.9%) | 105 (73.4%) | 0.07    |
|   | Yes            | 67 (19.1%)  | 38 (26.6%)  |         |
| Do you often comply with these regulations during work?       | Always         | 52 (77.6%)  | 28 (73.7%)  | 0.45    |
|   | When necessary | 7 (10.5)    | 7 (18.4%)   |         |
|   | Not Sure       | 8 (11.9%)   | 3 (7.9%)    |         |
| Job satisfaction  | No             | 295 (84.1)  | 114 (79.7%) | 0.25    |
|   | Yes            | 56 (16.0%)  | 29 (20.3%)  |         |
| Attendance of workshop on mining safety in the past 12 months | No             | 340 (96.9%) | 139 (97.2%) | 0.55    |
|   | Yes            | 11 (3.1%)   | 4 (2.8%)    |         |

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**Table 5** Factors influencing injury in the mines

| Variables                       | Crude OR (95% CI) | P-Value | AOR (95% CI)      | <i>P</i> -value |
|---------------------------------|-------------------|---------|-------------------|-----------------|
| Age group                       |                   |         |                   |                 |
| 18–25                           | 1.00              |         | 1.00              |                 |
| 26–35                           | 1.82 (1.17, 2.82) | 0.007   | 1.57 (0.95, 2.61) | 0.08            |
| 36–45                           | 0.71 (0.37, 1.37) | 0.31    | 0.54 (0.25, 1.17) | 0.12            |
| 46+                             | 2.21 (0.99, 4.94) | 0.05    | 1.37 (0.53, 3.52) | 0.51            |
| Sex                             |                   |         |                   |                 |
| Female                          | 1.00              |         |                   |                 |
| Male                            | 1.58 (0.58, 4.31) | 0.37    |                   |                 |
| Marital Status                  |                   |         |                   |                 |
| Single                          | 1.00              |         |                   |                 |
| Married                         | 1.16 (0.78, 1.72) | 0.46    |                   |                 |
| Education level                 |                   |         |                   |                 |
| Non-Educated                    | 1.00              |         | 1.00              |                 |
| Primary                         | 0.63 (0.31, 1.29) | 0.21    | 0.72 (0.32, 1.61) | 0.43            |
| JSS/Middle                      | 0.47 (0.25, 0.89) | 0.02    | 0.48 (0.24, 0.99) | 0.05            |
| SHS                             | 0.39 (0.19, 0.80) | 0.01    | 0.38 (0.17, 0.83) | 0.02            |
| Tertiary                        | 0.77 (0.17, 3.60) | 0.74    | 0.62 (0.11, 3.61) | 0.60            |
| Mining experience (Years)       |                   |         |                   |                 |
| 1–5                             | 1.00              |         | 1.00              |                 |
| 6–10                            | 0.96 (0.58, 1.60) | 0.88    | 0.87 (0.49, 1.57) | 0.65            |
| 11–20                           | 1.97 (0.87, 4.50) | 0.11    | 2.07 (0.80, 5.31) | 0.13            |
| 21+                             | 1.26 (0.23, 6.97) | 0.79    | 0.74 (0.09, 6.28) | 0.78            |
| Department of work              |                   |         |                   |                 |
| Surface Mine                    | 1.00              |         | 1.00              |                 |
| Underground Mine                | 3.98 (1.91, 8.28) | 0.001   | 3.19 (1.42, 7.20) | 0.005           |
| Open Pit                        | 1.46 (0.96, 2.21) | 0.07    | 1.28 (0.79, 2.06) | 0.31            |
| Daily Production targets per sh | ift               |         |                   |                 |
| No                              | 1.00              |         |                   |                 |
| Yes                             | 0.92 (0.61, 1.38) | 0.68    |                   |                 |
| Alcohol Consumption             |                   |         |                   |                 |
| No                              | 1.00              |         |                   |                 |
| Yes                             | 1.21 (0.82, 1.80) | 0.33    |                   |                 |
| Tobacco Use                     |                   |         |                   |                 |
| Never Smoked                    | 1.00              |         | 1.00              |                 |
| Ever smoked                     | 1.88 (1.17, 3.03) | 0.009   | 1.34 (0.62, 2.90) | 0.46            |
| Currently smokes                | 1.56 (0.76, 3.19) | 0.23    | 1.61 (0.93, 2.80) | 0.09            |
| Days off per month              |                   |         |                   |                 |
| 0–2 days                        | 1.00              |         |                   |                 |
| 3–4 days                        | 0.87 (0.56, 1.36) | 0.54    |                   |                 |
| 5–8 days                        | 0.64 (0.38, 1.06) | 0.08    |                   |                 |

OR: Odds ratio. AOR: Adjusted odds ratio

Data were not collected as to which criteria a given participant met. Hence, we were not able to calculate rates separately for each group. Despite these limitations, this study

has several strengths, including the fact that it involved a large sample size of randomly selected workers across four geographically separate mining areas. Given that there are Nakua et al. BMC Public Health (2019) 19:1368 Page 8 of 8

no lists of these informal workers, the use of random household selection makes the sample as generalizable as is possible under the current circumstances.

#### **Conclusions**

The annual injury incidence rate among small-scale gold miners in Ghana was high. Many of the injuries were severe, with more than a third resulting in a month or more of disability. The leading mechanism of injury was use of machinery/tools. Safety training was almost non-existent and use of personal protective equipment was low. Potential targets for improving safety include increasing safety training, increasing use of personal protective equipment, and better understanding potential changes that can be made in the machinery and tools used in small-scale mining.

#### Abbreviation

CHRPE: Committee on Human Research Publications and Ethics; ILO: International Labor Organization; KATH: Komfo Anokye Teaching Hospital; KNUST: Kwame Nkrumah University of Science and Technology; LMICs: Low- and Middle-Income Countries; PPE: Personal Protective Equipment

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#### Availability data and materials

The anonymized datasets generated and/ or analysed during the current study are not publicly available but are available from the corresponding author on reasonable request.

#### Author's contribution

EKN, EOD, EO, SN. PD and CM contributed to the conception of the research. AK supported the data collection. EKN analysed and interpreted the data as well as drafted the manuscript. All authors contributed substantially to the revision of the manuscript. All authors have read and approved the final version of this manuscript.

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#### Ethics approval and consent to participate

The research design and consent procedures were reviewed and approved by Kwame Nkrumah University of Science and Technology (KNUST) / Komfo Anokye Teaching Hospital (KATH) Committee on Human Research, Publications and Ethics (CHRPE). Written informed consent was received from all participants.

#### Consent for publication

Not applicable

#### Competing interests

The authors declare that they have no competing interests.

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